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### **Relating Content to Scope of Practice – Target Audience**

Physicians and healthcare practitioners in anesthesiology, surgery, ER, internal medicine, neurology, family practice, orthopedics, PM&R, psychiatry, pharmacy and addiction will benefit from attending this course.

#### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation re-quirements and policies of the Accreditation Council for Continuing Medical Education (AC-CME) through the joint providership of Dannemiller and The Pain Society of the Carolinas. Dannemiller is accredited by the ACCME to provide continuing medical education for physicians.

### **Credit Designation Statement**

Dannemiller designates this live activity for a maximum of 20.5 AMA PRA Category 1  $Credit(s)^{TM}$ . Physicians should claim only the credit commensurate with the extent of

### **Policy on Faculty and Supporter Disclosure**

Dannemiller and the Pain Society of the Carolinas adhere to the ACCME Essential Areas, Standards and Policies regarding industry support of continuing medical education. Disclosure of the planning committee and faculty's relevant commercial relations will be made known at the activity. Speakers are required to openly disclose any limitation of data and/or any discussion of any off-label, experimental, or investigational uses of

### **Resolution of Conflicts of interest**

and the Pain Society of the Carolinas will implement mechanisms, prior to the planning and implementation of this CME activity, to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity.

### ADA Statement

of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please contact Robin L. Hoyle JD, Executive Director

#### Disclaimer

not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options for a specific patient's medical condition.

### VENUE HOTEL – SPECIAL RATES

The Society has secured deeply discounted rates at the Hyatt Hotel downtown Greenville, Rates are \$179 single/double, \$189 Triple, \$199 Quad plus taxes. The Society's special rate ends September 28, 2015 or when our rooms sell out – and then rates increase be-cause of the peak fall foliage season demand. Visit www.carolinapain.org to book your hotel room and register for the sessions today!



**145 Kimel Park Drive** Suite 330 Winston-Salem NC 27103

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CAROLINAPAIN.ORG



AND RECEIVE FREE 2015-2016 MEMBERSHIP

Pain Society of the Carolinas Annual Meeting and Scientific Sessions OCTOBER 22 - 25, 2015 The Hyatt Hotel, Downtown Greenville, South Carolina





### ABOUT THE PAIN SOCIETY OF THE CAROLINAS LAUNCHED TO SERVE THE PHYSICIANS AND HEALTHCARE

# PRACTITIONERS IN NORTH AND SOUTH CAROLINA!

### You're Invited to the Scientific Sessions -- Register and Membership is free!

The Pain Society of the Carolinas was launched in 2010 to address the growing need for an independent medical society that is joined by the treatment of acute and chronic pain and invites all physicians and practitioners (Nurses, NP's, PA's, Therapists, Pharm D's etc.) with an interest in pain management to join. With the goals of networking, education, and

Sessions. We hope to enhance your knowledge and support your practice and patients with informative and interactive sessions. Our faculty consists of highly qualified pain management specialists selected for their excellent teaching skills, approachability and insight to help you advance your performance and comprehensive practice in both

The Inaugural Annual Meeting and Scientific Sessions are carefully designed for both practicing physicians and practitioners. We have joint sessions and parallel tracks that address specific issues facing the team of experts in your medical practice. On behalf of

Jeffrey Folk MD, President

### Welcome to Greenville, South Carolina

2015 Annual Meeting. Greenville's renaissance over the past decade has earned it many accolades including, "Top 5 Great Getaways in the USA" and "Top 10 Best Downtowns of 2015" among many others. The venue is conducive to informal networking among professionals to promote scientific and diagnostic exchange and is sited to allow you to enjoy the vibrant restaurants and musical entertainment in the evening at the close of sessions.

### Richard Boortz-Marx MD MS & Scott Runyon MD, Program Co-Chairs

# PURPOSE

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The purpose of this program is to educate physicians and healthcare practitioners in valuable understanding in evidenced based techniques, treatments and solutions for patients suffering from pain. In addition, legal issues and coding/ billing will be presented

### **Educational Objectives**

- Identify and administer appropriate safe opioid usage in patients
- Understand and include behavioral analysis in the evaluation of a chronic pain patient. Identify and resolve issues relating to the law and billing for pain management.
- Apply evidenced based strategies to clinical practice for managing complex

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# FACULTY

**Jennifer Bolen MS** Legal Side of Pain Knoxville, TN

Richard Boortz-Marx MD MS Duke Pain Medicine Durham..NC

Thomas Buchheit MD Duke Pain Medicine

Scott Clingan PA-C Bon Secours Nueroscience Center for Pain Management

Portsmouth, VA

**Emily Davis MSN ACNP** Duke Pain Medicine Durham, NC

Dan Doleys PhD Doleys Clinic Birmingham

RobertDuarte MD North Shore Long Island Jewish Ho James Finch MD Durham, NC Jeffrey Folk MD Intervene MD Charleston, SC

**Christopher Gilmore MD** Carolinas Pain Institute Winston-Salem, NC

John Hatheway MD Northwest Pain Care

**Thomas Hopkins MD** Duke Pain Medicine Durhanm, NC

Paul Lafavore Uninfour Pain Treatmer Hickory, NC Charles Loprinzi MD

Rochester, MN

Jay Mosesson PT DPT UNCH Spine Center Chapel Hill NC Ryan Nobles MD Medical Univ. of South Car Charleston, SC

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James North MD

nston-Salem, NC

Keisha O'Garo PsyD Duke University Medical Center Durham, NC

Jongbae Jay Park KMD PhD Lac UNC Chapel Hill School of Medicin

Jennifer Parsons NP Duke Pain Medicine

**Steven Prakken MD** Duke Univesity Medical Center Durham, NC

Richard Rauck MD Carolinas Pain Institute Winston-Salem, NC

Ezra Riber MD Palmetto Pain Managemen Columbia, SC Richard Robertson RPM Healthcare

Alfonso Romero-Sandoval MD PhD Presbyterian College School of Pharma

Lance Roy MD Duke Pain Medicine

Scott Runyon MD Duke Pain Medicine

Paola Sandroni MD Mayo Clinic Rochester, MN

Joan Priddy-Southern NP-C Carolinas Pain Institute Winston-Salem, NC

William Spillane MD Johnson Neurological Clini

High Point, NC Tenzin Tashi Director Arya Earth Frederick, MD Thomas Van de Ven MD PhD Duke University Medical Cente Durham, NC

Stephanie Vanterpool MD Pain Management Associates

David Vaughn Esq

Baton Rouge, LA

Todd Warrick MD Tuomey Pain Treatment Center Sumter SC

Thomas Weber DO

Duke Spine and Pain Management Raleigh, NC Robert Wilson MD Piedmont Interventional Pain Care

Salisbury, NC Amanda Zimmerman PA-C West Forsyth Pain Management

Clemmons, NC

# PROGRAM

# **THURSDAY OCTOBER 22**

### 1:00 - 3:00 Board Meeting

- 5:00 9:00 Trainee Boot Camp for Opioid Therapeutics
- Moderator: Thomas Buchheit MD
- 5:00 6:00 Opioid Prescribing: Legal Considerations Jennifer Bolen Esq.
- 6:00 7:00 The Importance of Urine Drug Screening and Toxicology Todd Warrick MD
- 7:00 9:00 Trainee Networking Dinner with President Jeffrey Folk MD, President-Elect Thomas Buchheit MD and Board Members Stephania Van
  - President-Elect Thomas Buchheit MD and Board Members Stephanie Vanterpool MD and Todd Warrick MD. Group Discussion: Your First Job – Career paths, Contracts, and Business Considerations

### FRIDAY OCTOBER 23

8:00 Welcome and Opening Remarks – Jeffrey Folk MD, President

# SESSION ONE: Pain Management and the Law

### Moderator: Jeffrey Folk MD

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- 8:05 9:00 Legal Update: Jennifer Bolen Esq.
- 9:00 10:30 Medical Marijuana: Friend or Foe? Moderator Richard Rauck MD Pros, Cons, You Decide Panel: Christopher Gilmore MD (Pro), James Finch MD (Con)
  - Steve Prakken MD and Tenzin Tashi, Director Arya Earth
- 10:30 11:00 Break with Exhibitors
- 11:00 11:45 James Crews Memorial Lecture: The History of Pain Management Richard Rauck MD
- 11:45 12:45 **Opiod-Induced Constipation: The Science, The Struggle, and an Orally Administered Treatment Option** Corporate Member Showcase with Platinum Corporate Member
  - AstraZeneca. (Lunch Provided by the Society, No CME provided)

#### SESSION TWO: Pharmacologic Management of Pain Moderator: Richard Boortz-Marx MD MS

- 12:45 1:30 Painful Peripheral Neuropathies: Paola Sandroni MD
- 1:30 2:15 Nerve Injury and Neuropathy: Thomas Buchheit MD
- 2:15 3:00 Central Sensitization: Alfonso Romero-Sandoval MD PhD
- 3:00 3:30 Break with Exhibitors
- 3:30 4:15 Complex Regional Pain Syndrome: Updates and Future Directions: James North MD
- 4:15 5:15Behavioral Pharmacology: Dan Doleys PhD5:15 5:30Group Discussion
- 5:30 7:00 Networking Reception and Trainee Poster Competition
- Dinner on own

### **SATURDAY OCTOBER 24**

8:00 - 8:30 Corporate Member Showcase (Breakfast provided by the Society, No CME provided) SESSION THREE: Novel Compounds and the World of Targeted Drug Delivery

### Moderator: Paul Lafavore MD

- 8:30 9:15
   Novel Compounds in Pain Medicine: Thomas Van de Ven MD PhD

   9:15 10:00
   Intrathecal Drug Delivery: How Did We Get Here?

   A Journey from Macro to Micro Dosing: John Hatheway MD

   10:00 10:30
   Break with Exhibitors
- SESSION FOUR: How to Deal with Your Difficult Patient

### Moderator: William Spillane MD

- 10:30 11:45 Difficult Patients/Difficult Cases (a case-based interactive session) Steven Prakken MD and James North MD
- 11:45 1:00 Annual Business Meeting of the Membership and Corporate Member Showcase with

### **SESSION FIVE: Parallel Sessions**

**Complimentary Options to Manage Pain** *Moderator: Scott Runyon MD* 

- 1:00 1:40 Complimentary Techniques in Pain Medicine: Keisha O'Garo PsyD
- 1:40 2:20 Physical Therapy for Chronic Pain: Jay Mosesson PT, DPT
- 2:20 3:00 Acupuncture Jongbae Jay Park KMD PhD LAc
- 3:00 3:30 Break with Exhibitors

### Interventional Options to Manage Pain

Moderator: Ezra Riber MD

- 1:00 1:40 An Update in Anticoagulation Guidelines for the Interventionalist: Ryan Nobles MD
- 1:40 2:20 Vertebral Augmentation Techniques: Thomas Hopkins MD
- 2:20 3:00 Update on Epidural Safe Use Guidelines: Lance Roy MD
- 3:00 3:30 Break with Exhibitors

### SESSION SIX: NON-CME Parallel Sessions

3:30 - 5:30 Medical / Interventional (Parallel)

 Medical
 What's New and Available for Medication Management

 (20 minute updates on FDA approved medicines for chronic pain management)

 Moderator: Stephanie Vanterpool MD

Interventional What's New and Available for Non-Medical/Interventional Management (20-minute updates on FDA approved devices for chronic pain management)

8:00- 8:30 Corporate Member Showcase with Silver Corporate Member Xenoport

Horizant (gabapentin enacarbil): A Providers Perspective Kamal Ajam, MD

Calmare (Scrambler) Therapy for PPN & CRPS: Charles Loprinzi MD with

11:45 - 12:30 How to Keep your Practice Alive in the Age of the Affordable Care Act: Robert Wilson MD

9:15 - 10:45 Coding and Billing for Pain Management including ICD-10: David Vaughn Esq.

12:45 - 1:00 Closing Remarks & Thank You from Thomas Buchheit MD, President

9:15 - 9:45 Research Update: Richard Rauck MD and Joan Southern NP-C

11:45 - 12:15 Disengagement From & Difficult Patient: Jennifer Parsons NP-C

9:45 - 10:15 Down and Dirty Overview of Antidepressants: Steven Prakken MD

10:15 - 10:45 Injections: How to Decide Which Patient Will Benefit - Thomas Weber MD

(Breakfast provided by the Society No CME Provided.)

Introduction by Richard Boortz-Marx MD MS

Business of Pain Medicine - Coding and Billing Workshop

11:00 - 11:45 Collections, the New Normal: Richard Robertson

Moderator: James North MD

### Parallel Breakout Workshop (limited to 30 physicians – no CME provided)

BOTOX for Chronic Migraine Headaches

**SUNDAY OCTOBER 25** 

Moderator: Robert Wilson MD

10:45 - 11:00 Break with Exhibitors

**Healthcare Practitioner (Parallel)** 

Moderator: Emily Davis MSN ACNP

10:45 - 11:15 Break with Exhibitors

12:30 - 12:45 Discussion Questions and Answer

8:30 - 9:15 Drug Toxicology: Scott Clingan PA-C

**SESSION SEVEN** 

8:30 - 9:15

18, 2015)

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Hosted by Allergan – Robert Duarte MD, Special Lecturer and Proctor. Dinner on Own (Faculty Reception)

Platinum Corporate Member Depomed (Lunch Provided by the Society, No CME Provided)

12:15 - 12:45 Overdose: Amanda Zimmerman PA-C 12:45 - 1:00 Q&A, Closing Remarks Thank You

11:15 - 11:45 Neck and Back Pain: Christopher Gilmore MD

# REGISTRATION

FULL MEETING (Includes Membership)	<b>Early Bird Fee</b> By September 18, 2015	<b>Regular Fee</b> (After September
MD/ DO/ DC/ PhD/ PharmD/PsyD	450.00	500.00
Military/VA/Gov't. MD/DC/D0/PhD/PharmD/ PsyD	350.00	400.00
Health Care Practitioners (Nurse, PA, Therapist, PT, Admin)	250.00	300.00
Military/VA/Govt HCP	200.00	250.00
Trainee	75.00	100.00

Name Title (i.e. MD, PhD, NP etc)			
Practice/Hospital/Institution:			
Work Address City	State	Zip Code	
Email (required)	Telephone		
NPI Number (required)			
Amount Enclosed:			
Address for mailing registration form:			
The Pain Society of the Carolinas 145 Kimel Park Drive Suite 330 Winston-Salem NC 27103 Fax registration to: 727.362.6210 Or Register online at www.carolina Questions? Call the Society at 40	apain.org		