

# NO MATTER YOUR SPECIALTY, WE HAVE SESSIONS FOR YOU!

## ATTEND THE ANNUAL MEETING AND RECEIVE FREE 2015-2016 MEMBERSHIP

Pain Society of the Carolinas  
Annual Meeting and Scientific Sessions  
OCTOBER 22 - 25, 2015  
The Hyatt Hotel, Downtown Greenville, South Carolina



Jointly Provided by Dannemiller and the Pain Society of the Carolinas

### ABOUT THE PAIN SOCIETY OF THE CAROLINAS

LAUNCHED TO SERVE THE PHYSICIANS AND HEALTHCARE PRACTITIONERS IN NORTH AND SOUTH CAROLINA!

**You're Invited to the Scientific Sessions -- Register and Membership is free!**

The Pain Society of the Carolinas was launched in 2010 to address the growing need for an independent medical society dedicated to the treatment of acute and chronic pain and invites all physicians and practitioners (Nurses, NP's, PA's, Therapists, Pharm D's etc.) with an interest in pain management to join. With the goals of networking, education, and advocacy, the Society is here to serve you.

We want to welcome you to join us for the 2015 Annual Meeting and Scientific Sessions. We hope to enhance your knowledge and support your practice and patients with informative and interactive sessions. Our faculty consists of highly qualified pain management specialists selected for their excellent teaching skills, approachability and insight to help you advance your performance and comprehensive practice in both interventional and non-interventional pain management.

The Annual Meeting and Scientific Sessions are carefully designed for both practicing physicians and practitioners. We have joint sessions and parallel tracks that address specific issues facing the team of experts in your medical practice. On behalf of the Board of Directors, we look forward to seeing you in Greenville South Carolina this October - a time when our beautiful mountains are in their autumn splendor!

**Jeffrey Folk MD, President**

### Welcome to Greenville, South Carolina

The Board of Directors chose the Hyatt Greenville South Carolina as the venue for our 2015 Annual Meeting. Greenville's renaissance over the past decade has earned it many accolades including, "Top 5 Great Getaways in the USA" and "Top 10 Best Downtowns of 2015." The venue is conducive to informal networking among professionals to promote scientific and diagnostic exchange and is sited to allow you to enjoy the vibrant restaurants in the evening at the close of sessions. Greenville is one City that should be on your "bucket list!"

**Richard Boortz-Marx MD MS & Scott Runyon MD, Program Co-Chairs**

### PURPOSE

The purpose of this program is to educate physicians and healthcare practitioners in evolving acute and chronic pain management and provide a forum for participants to gain valuable understanding in evidenced based techniques, treatments and solutions for patients suffering from pain. In addition, legal issues and coding/ billing will be presented in a didactic, interactive format.

### Educational Objectives

At the end of this program, participants should be able to:

1. Employ key diagnostic and treatment techniques for the management of pain.
2. Identify and administer appropriate safe opioid usage in patients.
3. Understand and include behavioral analysis in the evaluation of a chronic pain patient.
4. Identify and resolve issues relating to the law and billing for pain management.
5. Apply evidenced based strategies to clinical practice for managing complex pain patients.

### Relating Content to Scope of Practice – Target Audience

Physicians and healthcare practitioners in anesthesiology, surgery, ER, internal medicine, neurology, family practice, orthopedics, PM&R, psychiatry, pharmacy and addiction will benefit from attending this course.

### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Dannemiller and The Pain Society of the Carolinas. Dannemiller is accredited by the ACCME to provide continuing medical education for physicians.

### Credit Designation Statement

Dannemiller designates this live activity for a maximum of 20.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Policy on Faculty and Supporter Disclosure

Dannemiller and the Pain Society of the Carolinas adhere to the ACCME Essential Areas, Standards and Policies regarding industry support of continuing medical education. Disclosure of the planning committee and faculty's relevant commercial relations will be made known at the activity. Speakers are required to openly disclose any limitation of data and/or any discussion of any off-label, experimental, or investigational uses of drugs or devices in his/her presentation(s).

### Resolution of Conflicts of interest

In accordance with the ACCME Standards for Commercial Support of CME, Dannemiller and the Pain Society of the Carolinas will implement mechanisms, prior to the planning and implementation of this CME activity, to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity.

### ADA Statement

Dannemiller and the Pain Society of the Carolinas fully comply with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of accommodation, please contact Robin L. Hoyle JD, Executive Director at robin@robinhoyle.com by October 15 in order to receive service.

### Disclaimer

Information provided at this CME activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options for a specific patient's medical condition.

### VENUE HOTEL – SPECIAL RATES

The Society has secured deeply discounted rates at the Hyatt Hotel downtown Greenville. Rates are \$179 single/double, \$189 Triple, \$199 Quad plus taxes. The Society's special rate ends September 28, 2015 or when our rooms sell out – and then rates increase because of the peak fall foliage season demand. Visit [www.carolinapain.org](http://www.carolinapain.org) to book your hotel room and register for the sessions today!

## FACULTY

### Jennifer Bolen ESQ

Legal Side of Pain  
Knoxville, TN

### Richard Boortz-Marx MD MS

Duke Pain Medicine  
Durham, NC

### Thomas Buchheit MD

Duke Pain Medicine  
Durham, NC

### Scott Clingan PA-C

Bon Secours Nueroscience  
Center for Pain Management  
Portsmouth, VA

### Emily Davis MSN ACNP

Duke Pain Medicine  
Durham, NC

### Dan Doleys PhD

Doleys Clinic  
Birmingham, AL

### Robert Duarte MD

North Shore Long Island Jewish Hospital  
Great Neck, NY

### James Finch MD

Durham, NC

### Jeffrey Folk MD

Intervene MD  
Charleston, SC

### Christopher Gilmore MD

Carolinas Pain Institute  
Winston-Salem, NC

### John Hatheway MD

Northwest Pain Care  
Spokane, WA

### Thomas Hopkins MD

Duke Pain Medicine  
Durham, NC

### Paul Lafavore MD

Uninfour Pain Treatment  
Hickory, NC

### Charles Loprinzi MD

The Mayo Clinic  
Rochester, MN

### Jay Mosesson PT DPT

UNCH Spine Center  
Chapel Hill, NC

### Ryan Nobles MD

Medical Univ. of South Carolina  
Charleston, SC

### James North MD

Carolinas Pain Institute  
Winston-Salem, NC

### Keisha O'Garro PsyD

Duke University Medical Center  
Durham, NC

### Jongbae Jay Park KMD PhD Lac

UNC Chapel Hill School of Medicine  
Chapel Hill, NC

### Jennifer Parsons NP-C

Duke Pain Medicine  
Durham, NC

### Steven Prakken MD

Duke Pain Medicine  
Durham, NC

### Richard Rauck MD

Carolinas Pain Institute  
Winston-Salem, NC

### Ezra Riber MD

Palmetto Pain Management  
Columbia, SC

### Richard Robertson

RPM Healthcare  
Charleston, SC

### Alfonso Romero-Sandoval MD PhD

Presbyterian College School of Pharmacy  
Clinton, SC

### Lance Roy MD

Duke Pain Medicine  
Durham, NC

### Scott Runyon MD

Duke Pain Medicine  
Durham, NC

### Paola Sandroni MD

Mayo Clinic  
Rochester, MN

### Joan Priddy-Southern NP-C

Carolinas Pain Institute  
Winston-Salem, NC

### William Spillane MD

Johnson Neurological Clinic  
High Point, NC

### Tenzin Tashi Director

Arya Earth  
Frederick, MD

### Thomas Van de Ven MD PhD

Duke University Medical Center  
Durham, NC

### Stephanie Vanterpool MD

Pain Management Associates  
Charleston, SC

### David Vaughn Esq

Baton Rouge, LA

### Todd Warrick MD

Tuomey Pain Treatment Center  
Sumter, SC

### Thomas Weber DO

Duke Spine and Pain Management  
Raleigh, NC

### Robert Wilson MD

Piedmont Interventional Pain Care  
Salisbury, NC

### Amanda Zimmerman PA-C

West Forsyth Pain Management  
Clemmons, NC

### Kamal Ajam MD

Carolinas Pain Institute  
Winston-Salem, NC

## PROGRAM

### THURSDAY OCTOBER 22

1:00 - 3:00 **Board Meeting**

5:00 - 9:00 **Trainee Boot Camp for Opioid Therapeutics**

*Moderator: Thomas Buchheit MD*

5:00 - 6:00 Opioid Prescribing: Legal Considerations – Jennifer Bolen Esq.

6:00 - 7:00 The Importance of Urine Drug Screening and Toxicology – Todd Warrick MD

7:00 - 9:00 Trainee Networking Dinner with President Jeffrey Folk MD, President-Elect Thomas Buchheit MD and Board Members Stephanie Vanterpool MD and Todd Warrick MD.  
Group Discussion: Your First Job – Career paths, Contracts, and Business Considerations

### FRIDAY OCTOBER 23

8:00 Welcome and Opening Remarks – Jeffrey Folk MD, President

### SESSION ONE: Pain Management and the Law

*Moderator: Jeffrey Folk MD*

8:05 - 9:00 Legal Update: Jennifer Bolen Esq.

9:00 - 10:30 Medical Marijuana: Friend or Foe? Moderator Richard Rauck MD  
Pros, Cons, You Decide  
Panel: Christopher Gilmore MD (Pro), James Finch MD (Con)  
Steve Prakken MD and Tenzin Tashi, Director Arya Earth

10:30 - 11:00 Break with Exhibitors

11:00 - 11:45 **James Crews Memorial Lecture: The History of Pain Management** Richard Rauck MD

11:45 - 12:45 **Opioid-Induced Constipation: The Science, The Struggle, and an Orally Administered Treatment Option** *Corporate Member Showcase with Platinum Corporate Member AstraZeneca. (Lunch Provided by the Society, No CME provided)*

### SESSION TWO: Pharmacologic Management of Pain

*Moderator: Richard Boortz-Marx MD MS*

12:45 - 1:30 Painful Peripheral Neuropathies: Paola Sandroni MD

1:30 - 2:15 Nerve Injury and Neuropathy: Thomas Buchheit MD

2:15 - 3:00 Central Sensitization: Alfonso Romero-Sandoval MD PhD

3:00 - 3:30 Break with Exhibitors

3:30 - 4:15 Complex Regional Pain Syndrome: Updates and Future Directions: James North MD

4:15 - 5:15 Behavioral Pharmacology: Dan Doleys PhD

5:15 - 5:30 Group Discussion

5:30 - 7:00 **Networking Reception and Trainee Poster Competition**

Dinner on own

### SATURDAY OCTOBER 24

8:00 - 8:30 **Corporate Member Showcase (Breakfast provided by the Society, No CME provided)**

### SESSION THREE: Novel Compounds and the World of Targeted Drug Delivery

*Moderator: Paul Lafavore MD*

8:30 - 9:15 Novel Compounds in Pain Medicine: Thomas Van de Ven MD PhD

9:15 - 10:00 Intrathecal Drug Delivery: How Did We Get Here?  
A Journey from Macro to Micro Dosing: John Hatheway MD

10:00 - 10:30 Break with Exhibitors

### SESSION FOUR: How to Deal with Your Difficult Patient

*Moderator: William Spillane MD*

10:30 - 11:45 Difficult Patients/Difficult Cases (a case-based interactive session)  
Steven Prakken MD and James North MD

11:45 - 1:00 Annual Business Meeting of the Membership and Corporate Member Showcase with Platinum Corporate Member Depomed (Lunch Provided by the Society, No CME Provided)

### SESSION FIVE: Parallel Sessions

#### Complimentary Options to Manage Pain

*Moderator: Scott Runyon MD*

1:00 - 1:40 Complimentary Techniques in Pain Medicine: Keisha O'Garro PsyD

1:40 - 2:20 Physical Therapy for Chronic Pain: Jay Mosesson PT, DPT

2:20 - 3:00 Acupuncture – Jongbae Jay Park KMD PhD LAC

3:00 - 3:30 Break with Exhibitors

#### Interventional Options to Manage Pain

*Moderator: Ezra Riber MD*

1:00 - 1:40 An Update in Anticoagulation Guidelines for the Interventionalist: Ryan Nobles MD

1:40 - 2:20 Vertebral Augmentation Techniques: Thomas Hopkins MD

2:20 - 3:00 Update on Epidural Safe Use Guidelines: Lance Roy MD

3:00 - 3:30 Break with Exhibitors

#### SESSION SIX: NON-CME Parallel Sessions

3:30 - 5:30 **Medical / Interventional (Parallel)**

**Medical** What's New and Available for Medication Management  
(20 minute updates on FDA approved medicines for chronic pain management)  
*Moderator: Stephanie Vanterpool MD*

**Interventional** What's New and Available for Non-Medical/Interventional Management  
(20-minute updates on FDA approved devices for chronic pain management)  
*Moderator: James North MD*

#### Parallel Breakout Workshop (limited to 30 physicians – no CME provided)

BOTOX for Chronic Migraine Headaches

Hosted by Allergan – Robert Duarte MD, Special Lecturer and Proctor.

Dinner on Own  
(Faculty Reception)

### SUNDAY OCTOBER 25

8:00- 8:30 Corporate Member Showcase with Silver Corporate Member Xenoport  
(Breakfast provided by the Society No CME Provided.)

Horizant (gabapentin enacarbil): A Providers Perspective Kamal Ajam, MD

### SESSION SEVEN

8:30 - 9:15 Calmare (Scrambler) Therapy for PPN & CRPS: Charles Loprinzi MD with Introduction by Richard Boortz-Marx MD MS

#### Business of Pain Medicine – Coding and Billing Workshop

*Moderator: Robert Wilson MD*

9:15 - 10:45 Coding and Billing for Pain Management including ICD-10: David Vaughn Esq.

10:45 - 11:00 Break with Exhibitors

11:00 - 11:45 Collections, the New Normal: Richard Robertson

11:45 - 12:30 How to Keep your Practice Alive in the Age of the Affordable Care Act: Robert Wilson MD

12:30 - 12:45 Discussion Questions and Answer

12:45 - 1:00 Closing Remarks & Thank You from Thomas Buchheit MD, President

#### Healthcare Practitioner (Parallel)

*Moderator: Emily Davis MSN ACNP*

8:30 - 9:15 Drug Toxicology: Scott Clingan PA-C

9:15 - 9:45 Research Update: Richard Rauck MD and Joan Southern NP-C

9:45 - 10:15 Down and Dirty Overview of Antidepressants: Steven Prakken MD

10:15 - 10:45 Injections: How to Decide Which Patient Will Benefit - Thomas Weber DO

10:45 - 11:15 Break with Exhibitors

11:15 - 11:45 Neck and Back Pain: Christopher Gilmore MD

11:45 - 12:15 Disengagement From & Difficult Patient: Jennifer Parsons NP-C

12:15 - 12:45 Overdose: Amanda Zimmerman PA-C

12:45 - 1:00 Q&A, Closing Remarks Thank You

## REGISTRATION

### FULL MEETING (Includes Membership)

Early Bird Fee By September 28, 2015

Regular Fee (After September 28, 2015)

MD/ DO/ DC/ PhD/ PharmD/PsyD 450.00 500.00

Military/VA/Gov't MD/DC/DO/PhD/PharmD/ PsyD 350.00 400.00

Health Care Practitioners (Nurse, PA, Therapist, PT, Admin) 250.00 300.00

Military/VA/Govt HCP 200.00 250.00

Trainee 75.00 100.00

Name  
Title (i.e. MD, PhD, NP etc)

Practice/Hospital/Institution:

Work Address  
City State Zip Code

Email (required) Telephone

NPI Number (required)

Amount Enclosed: \_\_\_\_\_

Address for mailing registration form:

The Pain Society of the Carolinas  
145 Kimmel Park Drive  
Suite 330  
Winston-Salem NC 27103

Fax registration to: 727.362.6210

Or Register online at [www.carolinapain.org](http://www.carolinapain.org)  
Questions? Call the Society at 401-619-4682